



# Sabrina Braham M.A. MFT PCC

## The Expert at Getting Women Promoted

### Transformational Leadership for Women

Sabrina is an executive coach specializing in helping women expand their leadership influence, advance their careers, increase their self-worth, net worth and gain more board positions.

Sabrina is outgoing and engaging, and her presentations & trainings are fun, motivating, impactful and action oriented. For over thirty years she had coached and consulted with top companies and universities on leadership development and employee engagement.

Sabrina has worked with CEO'S, business owners and thought leaders to maximize their business success. She has specialized in management consulting, executive coaching, assessments and trainings for executive & leadership development, team building, change management, performance improvement and conflict resolution in teams or between employees by increasing emotional intelligence.

Sabrina helps clients dissolve blocks to higher profits and productivity.

### Partial Client List

- Stanford University
- State of California
- Central California Women's conference
- City of Sacramento
- Farmer's Insurance
- County of Sacramento
- National Association of Professional Sales Women
- The Modal Shop
- Sir Francis Drake / Westin Hotels
- Army Corp of Engineers
- Dominican Republic – USAID
- National Latina Business Women's Association
- Deposition Court reporters of California
- Sacramento County Leadership Council

### Founder & Host



Empowering Women Leaders Since 1978

**WOMEN'S LEADERSHIP  
SUCCESS ACADEMY**

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Sabrina Braham M.A. MFT. PCC

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*She is passionate about guiding women to reach their potential at work and in life.*

Sabrina's natural no nonsense approach to Leadership excellence makes her a favorite at conferences, conventions and company events.

## Sabrina's Most Popular Programs Include:

### Comments from Happy Clients



Sabrina is an excellent speaker, whether working with a large group or smaller teams. Her ability to shift communication style based on the setting and audience is most impressive.

**Claire O'Dell, Marketing Communications Team Leader – MTS Sensors**



I am so glad I have had Sabrina come and be one of our keynote speakers. She is one of the most amazing speakers, she has such a big heart. She has a lifetime supply of knowledge to bring and she brings her genuine desire to serve and support her audience in their careers. She brings that 25 years of mastery to every single presentation. I cannot wait to have her speak again.

**Caterina Rando, Founder, Thriving Women In Business**

### Build Your Relationships and Your Influence to Expand Your Possibilities

Do you know that people who advance their careers and leadership roles faster are socializing with co-workers. So why do great leaders build relationships and it's important for you to develop this ability too? Because good and deep connections with people will help you get more work done and increase your influence on decisions.

#### PROMISE

**In this interactive presentation you learn the importance of relationships and how you can build better connections that are authentic, fun and expand your possibilities and theirs too.**

- Build The Awesome Power of Rapport and Credibility
- Enlist & Partner with opinion leaders
- Influence: The Currency of Persuasion



## Comments from Happy Clients



She helps develop leaders to think and lead strategically, build effective networks, and collaborate in a way that leads to sustainable results and a positive and highly successful work environment.

**Richard Ing,**  
VP, Head of Auto Claims  
West Zone, Farmers Insurance



Her ability to listen, connect and tease out the salient details from the shrouds of personal development are the province of a Master Trainer. My experience with Sabrina consistently saw her deliver customer value return easily 100's of times more than her fee.

**Michael Lally,**  
Principal at Ven2re



Her speaking technique of active participation was highly effective in breaking down barriers and promoting a higher level of collaboration and teamwork.

**Michael J. Palmer,**  
A.I.A., V P, REC -  
American Institute  
of Architects

## Kick Some Glass - Shatter Your False Beliefs & Barriers to Success

Do you find yourself sabotaging your success? Does your need to be perfect block your getting projects done?

What science has taught us is that most of the reason we are not successful as we might be is an internal issue. We have beliefs that keep us from taking the actions that would move us ahead in our lives and careers.

Your biggest risk is living an unexamined life, never noticing how your thinking is sabotaging your experience.

When you learn to dissolve your false beliefs, you have the freedom to create the experiences that will lead you to greater success and more fulfillment.

### PROMISE

**By the end of this talk you will know the beliefs that have sabotaged your success and have a process to dissolve those beliefs.**

- Discover and dissolve barriers to your success
- Installing new, positive beliefs about you
- Learn how to rewire your brain

## Communicate Like a Leader: Step into a More Powerful, High Impact You

More than any other skill, good communication impacts how fast you advance your career and are respected as a leader. Key to this is how much you can enhance your confidence, influence decisions and put your ideas into action.

### PROMISE

**You will learn how to develop more confidence to speak up and articulate your ideas so they are heard and have meaningful impact.**

- How to See Yourself as a Leader
- Confidence Tips to Speak Up and Influence the Game
- Sharpening Your Listening Skills

## Comments from Happy Clients



I can certainly recommend Ms. Braham as a very creative and inspiring lecturer and workshop leader. To work with her was a great joy.

**Gabriele Kumar,**  
Principal, Breakthrough  
Seminars Inc. Tokyo, Japan

## Credentials

- Professional Certified Coach
- Master's in Psychology
- Expert in Positive Psychology
- NLP Master Practitioner
- Leadership & Organizational Consultant
- Games and Simulations  
Certified Designer
- Psycho-neurobiology Coach
- Thought Field Therapy Expert
- Behavioral Change Expert
- Law of Attraction Student 25 Years

## One of the World's Most Popular Podcast to Empower Women in Their Leadership, Career & Quality of Life

Since 2008, almost 100 episodes & 300,000 downloads Sabrina's award winning podcast features top thought leaders in business, academia and life to help women (and men) succeed.


### Some Notable Guests:

- **Randy White**, Author, "Breaking the Glass Ceiling"
- **Melody Hobson**, President of Ariel Capital Management & former Chair of the board, Dream Works Animation
- **Susan Bulkeley Butler**, Institute for the Development of Women
- **Jean Chatzky**, Award-winning journalist and best-selling author
- **Chip Conley**, Head of Global Hospitality at Airbnb
- **Dianna Booher**, Best selling author with 44 books on leadership, communication and more
- **Susan Hackley**, Managing Director Program on Negotiation at Harvard Law School
- **Mei Xu**, Co-Founder, Chesapeake Bay Candle and Creator and CEO, Blissliving Home
- And over 90 other incredible thought leaders



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